

Storytime Fun & REACH

STORYTIME FUN AND CRAFTS, TOO!

Activities include music, stories, and a craft. Program geared to children ages 2-5 years, but children of all ages are welcome. Designed for children and parents to attend together. **Free!**

Little Fish Tales by the Sea
3rd Thursdays, 10:30 AM - 11:30 AM,
Jan 18, Feb 15, Mar 15
Point Vicente Interpretive Center
31501 PV Drive West

Little Critter Afternoon Tales
2nd Wednesdays, 1:30 PM - 2:30 PM,
Jan 10, Feb 14, Mar 14
Hesse Park, 29301 Hawthorne Blvd.

Flutterby Storytime
4th Tuesdays*, 11 AM - Noon
Jan 23, Feb 27, Mar 27

Ladera Linda Park, 32201 Forrestal Drive
*New day of the week



REACH is a dynamic therapeutic recreation program for Palos Verdes and South Bay adults with developmental disabilities. The goals of this program are:

- To promote self-confidence, communication skills, and social interaction
- To increase physical abilities and improve coordination
- To enhance social and independent living skills

REACH offers an average of six activities each month, taking place on Monday and Wednesday evenings, and weekend days. REACH members must be non-violent, ambulatory and have sufficient hygiene skills. The REACH program has no monthly or annual fees. Participants only register for events that fit into their schedules.

For more information about this fun and educational recreation program, contact the REACH Coordinator by email at helenb@rpvca.gov



City of Rancho Palos Verdes

Recreation and Parks Department

Winter 2018 Activity Guide

**Parks
Make
Life
Better!**

Nature Walks! Free Storytime Fun!
Special Events!
Volunteer Opportunities!
Recreation Classes and more!



Register Online:
apm.activecommunities.com/rpv
Visit the Recreation and Parks
Department Webpage at:
www.rpvca.gov or contact us at
310.544.5260 for more info!



City of RPV Park Information:

- Abalone Cove Shoreline Park, 5970 PV Drive South, RPV.....**310.544.5366** (Open Daily 9am - dusk)
- Fred Hesse Jr. Community Park, 29301 Hawthorne Blvd, RPV.....**310.544.5350** (Open M-F 9am - dusk & Sat./Sun. 10am-dusk)
- Ladera Linda Community Park, 32201 Forrestal Drive, RPV.....**310.544.5370** (Open M-F Noon-5pm & Sat./Sun. 10am-5pm)
- Point Vicente Interpretive Center, 31501 PV Drive West, RPV.....**310.544.5375** (Museum Open Daily 10am-5pm)
- Robert E. Ryan Community Park, 30359 Hawthorne Blvd., RPV....**310.544.5362** (Open Daily 9am-dusk)

SPECIAL EVENTS

Eastview Dog Park

Presents:

Yappy Hour



Saturday, February 10th, 10am-12pm
Eastview Dog Park, 1700 Westmont Dr.

Treat your dogs to something special this Valentine's Day! There will be fun giveaways!

FREE!



Whale of a Day

SATURDAY, MARCH 10TH
10AM-4PM
POINT VICENTE
INTERPRETIVE CENTER
31501 PV DRIVE WEST

FREE!

- Whale watching from the bluffs
- Crafts, games, face painting, live music
- Local environmental organizations, marine-themed art vendors, food vendors
- Tours of the Interpretive Center and Native Plant Garden.
- Coast Guard exhibits will be available.
- Free parking and shuttle service will be available to and from Point Vicente Park/Civic Center.



Meet the Goats

COMING SOON IN SPRING 2018!
PLEASE CHECK WWW.RPVCA.GOV
FOR UPDATES.

11AM-1PM
POINT VICENTE INTERPRETIVE CENTER
31501 PALOS VERDES DRIVE WEST



FREE!

- The City uses goats to provide natural brush clearance.
- Bring your children and join us at the Interpretive Center to see the goats and their "kids"!
- Goat Herding Demonstrations: 11:45 am & 1:00 pm.
- This event brought to you by: Fire Grazers, Inc. & City of Rancho Palos Verdes.



EGG HUNT EGGSTRAVAGANZA

Saturday, March 31st

10 AM - 11:30 AM

Ladera Linda Community
Center, 32201 Forrestal Drive

Registration begins February 1st

Event Sells Out Early!

- An appearance by the Big Bunny!
- LOADS of prizes! (You won't leave empty-handed!)
- Fun puppet show by the Los Serenos Docents
- Lots of photo opportunities
- Don't forget to bring a basket and a camera!
- For children ages 1-8 years old
- \$15 per child (Pre-registration is required)
- Register online at: apm.activecommunities.com/rpv.



RECREATION CLASSES

CLASSES FOR KIDS

BAMBOLEO-SPANISH CLASSES (2 YRS - 6 YRS) HESSE PARK

BAMBOLEO KIDS PROGRAM - SUSANA PANIAGUA: 562.661.3168

CHINESE CLASS; CHESS CLASS, TENNIS CLASS (KINDERGARTEN-8TH GRADE)

LADERA LINDA PARK CONCORD EDUCATION LLC / CYNTHIA CHEN: 949.228.3712

EARLY CHILDHOOD MUSIC CLASSES (BIRTH-K), MOMMY & ME

(BIRTH-3 YRS) HESSE PARK & RYAN PARK KIDS MUSIC N MOTION / ANNETTE GUNDERSON:

310.373.0280

HEALTHY COOKING CLASSES (5 YRS - 13 YRS) HESSE PARK

CREATIVE PLATE / NIGEL NAPOLION & TANIKA ROUNDTREE: 310.945.6495

PEE WEE PICASSO ART CLASSES (18 MO.-5 YRS) HESSE PARK

ART TO GROW ON, INC./ LAUREN PERELMUTER: 310.625.6028

PIANO LESSONS -PLAYING-BASED MUSIC LEARNING (4 YRS—12YRS) HESSE PARK

SIMPLY MUSIC PIANO / KATE OGDEN: 310.487.4728

SUPER SOCCER STARS (2 YRS - 5 YRS) RYAN PARK

SUPER SOCCER STARS/ BOB GIBSON : 310.998.0010

FITNESS CLASSES FOR ADULTS

BONES FOR LIFE - EXERCISES TO PREVENT OSTEOPOROSIS

MOVE TO HEALTH / SACHIYE NAKANO: 310.326.6831 HESSE PARK

JACKI SORENSEN AEROBIC DANCE : LITE IMPACT

DENISE RAYFIELD 310.308.6024 HESSE PARK

TAI CHI CHUAN - YANG STYLE / LONG FORM

STAN CORZINE: stancorzine@verizon.net HESSE PARK

YOGA, TAI CHI GONG, ZEN BALANCE CLASSES

MARIA ARABE: 310.938.7548 LADERA LINDA PARK

HATHA YOGA

MARIA ARABE: 310.938.7548 HESSE PARK

CLASSES FOR TEENS & ADULTS

DRAWING AND PAINTING
CLASS-BASICS OF FINE
ARTS (16 YEARS -
ADULT) HESSE PARK

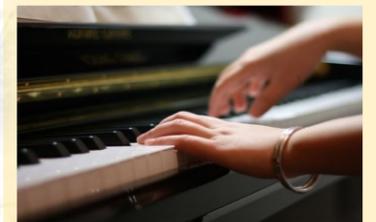
KEVIN McCANTS: 818.753.8477



PIANO LESSONS
PLAYING-BASED MUSIC
LEARNING HESSE PARK

SIMPLY MUSIC PIANO

KATE OGDEN: 310-487-4728



HAM RADIO CLASSES
FCC TECHNICIAN'S
LICENSE - (16 YEARS -
ADULT) HESSE PARK

WALT ORDWAY: 310.541.4007



HIKING AND NATURE WALKS

Upcoming Docent-led hikes with the Los Serenos Docents de Point Vicente

FREE! For more information, visit losserenos.org. Ocean Trails Reserve

Date/Time: Saturday, February 17th, 10 AM - 12 PM

Location: Park on La Rotonda Dr. at Twin Harbors View Dr

Level: Moderate



Abalone Cove Shoreline Park

Dates/Times: Sunday, January 14th, 2 PM - 4 PM

Sunday, January 28th, 1 PM - 3 PM

Location: 5970 Palos Verdes Drive South

Level: Moderate to Strenuous

Forrestal Nature Reserve

Dates/Times: Saturday, March 24th, 9 AM - 11 AM

Location: 32201 Forrestal Drive

Level: Moderate to Strenuous

Wear sturdy shoes because part of the walk will be on cobblestones. All events are free to the public and take approximately 2 hours. Wear sun protection and bring water. Any parking fees will be waived up to 45 minutes prior to the event and 30 minutes after. Call 310-544-5375 for more information and/or directions or visit our website at www.losserenos.org.

Map showing RPV City Hall (Alta Vicente Reserve), Point Vicente Interpretive Center, and Abalone Cove Park



Map showing Forrestal Nature Reserve/Ladera Linda and Ocean Trails Reserve at Trump National Golf Club



Note* Rain Cancels a hike! Following a rain, check trailalerts.rpvca.gov for closures.

Nature Walks with the Palos Verdes Peninsula Land Conservancy

January 13, 9 am. McBride Trail — Walk along the same rim trail that was the site of the Conservancy's very first nature walk 26 years ago with panoramic views overlooking the 191-acre preserved Filiorum Reserve out to Catalina and beyond. Easy. Meet at end of Ocean Terrace Dr.

February 10, 9 am. Vicente Bluffs Reserve — Follow the bluff top from Point Vicente to Oceanfront Estates, an area containing restored coastal sage scrub habitat. Great location for sighting whales. Plein air artists will be painting along walk route. Easy. Park in dirt lot in front of Point Vicente Lighthouse.

General Information

Nature Walks

Led by naturalists, historians and geologists, all walks are free and family-oriented. Walk-Only groups are now available for those who wish to walk without interpretive stops. Participants are urged to wear comfortable shoes with good traction and sun protection. In case of rain, walks are cancelled. For more information and to RSVP, please visit: www.pvplc.org, Events, Nature Walks.



Kids to Parks Day at two sites, May 19th!



Saturday, May 19th
9 AM - 12 PM

Ladera Linda Community Center,
32201 Forrestal Drive

- Free guided hike for the family
- Games, Crafts and Prizes
- Scavenger Hunts
- Live Animal Exhibit (reptiles and more!)
- Feed the goats
- FREE



Saturday, May 19th
10 AM - 12 PM

Point Vicente Interpretive Center
31501 PV Drive West

- Enjoy sea-themed crafts
- Games and fun for the whole family
- Museum Tours
- Enjoy a relaxing walk by the Sea
- FREE!



Summer Softball League

Time to start thinking about summer softball! The City of RPV offers an adult, coed, slow-pitch softball league each summer on Sundays at Hesse Park. This is a fun, relaxed league. Four to six players per team. Registration is \$450/team. Signups will be in early May. Games will begin in early June and run Sundays through August. Schedule depends on number of teams. Interested? Contact Kelly Krusee, league coordinator at kkrusee@rpvca.gov for more details and to sign up for updates.



Saturday, June 9th

11am-2pm

City Hall/Civic Center

30940 Hawthorne

Let's stay Healthy RPV! Join us for a fun day designed to bring people and their pets together. Learn, eat and play with healthy area resources, people and businesses. If you'd like to participate as a business or resource, or have ideas to share, please contact Kelly Krusee, event coordinator, at kkrusee@rpvca.gov FREE



VOLUNTEER CALENDAR

Please email volunteer@rpvca.gov or call 310.544.5260 for more info or if you want to sign up!

We are always looking for extra hands...

Volunteer with the Recreation and Parks Department! We have several volunteer events coming up this Winter & Spring! This is an opportunity for volunteers to earn volunteer credit, learn about their community, and gain work experience! To view our latest volunteer events please visit our volunteer webpage at www.rpvca.gov/volunteer.



Abalone Cove Park Volunteer Day
Sunday, Jan 28, Feb 25, Mar 25
9am-12pm at Abalone Cove at 5970 PV Drive South

Job Duties: Help beautify your local park, or help keep Abalone Cove Beach clean from litter and debris. We might line trails with rocks, trim native plants or spread mulch. Hiking/walking shoes are encouraged, bring sunblock and a hat. Please R.S.V.P. to the Recreation and Parks Department at volunteer@rpvca.gov.



Open Space Volunteer Event
Saturday, March 17th
9am-12pm (Location to be determined)

We are in the process of planning an outdoor volunteer event. It will be either a beach cleanup at our Ocean Trails Reserve or Pelican Cove Reserve, or a trail maintenance project in one of our Nature Reserves. Save the date! Details coming soon! Please R.S.V.P. to the Recreation and Parks Department at volunteer@rpvca.gov.

HELP US MAKE A DIFFERENCE

Native Plant Garden Volunteer Events

Help keep the native plant garden at Point Vicente Interpretive Center beautiful. Experience hands-on learning. To join, RSVP to Megan Roy at megan@sccnps.org

Date: 3rd Sundays, Jan. 21st, Feb. 18th, Mar. 18th, April 15th

Where: Point Vicente Garden, Point Vicente Interpretive Center,
31501 PV Drive West

Time: 10 AM -12 PM

Upcoming Special Events that will need Volunteers!

Signup at volunteer@rpvca.gov

NEW! Eastview Dog Park Yappy Hour Saturday, February 10th 8am-1pm (Event time is 10am-12pm) Eastview Dog Park

Egg Hunt Eggstravaganza Saturday, March 31st 8am-1pm (Event time is 10am-11:30am) Ladera Linda Park

Butterfly Garden Volunteer Day Saturday, April 21st 11am-2pm Ladera Linda Park

Kids to Parks Day Saturday, May 19th 8am-1:00pm (Event time is 9am-12pm) Ladera Linda Park

Healthy Pets Healthy People Expo Saturday, June 9th 8am-4pm (Event time is 11am-2pm) Point Vicente/Civic Center

NATIVE PLANT GARDEN EVENTS, PVPLC...

Palos Verdes Peninsula Land Conservancy (PVPLC) Outdoor Volunteer Days

Join us for fun and educational volunteer days. Closed-toed shoes are required and sunscreen and a hat are recommended. Please sign up at: www.pvplc.volunteerhub.com

SPECIAL EVENT: January 15, - 9 a.m. - noon

Alta Vicente Reserve – Martin Luther King Day of Service — Celebrate the holiday on Monday by bringing the whole family to help restore the native plant garden, benefiting local wildlife and enjoy volunteering with the community in support of our public lands.

January 6 and 15, February 3, March 3 and 10, 9 a.m. - noon

Alta Vicente Reserve — Help restore this unique canyon habitat, home to many threatened and endangered wildlife species.

March 31, 9 a.m. - noon

Portuguese Bend Reserve — Help restore this unique habitat, home to many threatened and endangered wild-life species.

Every Saturday and Sunday, 9 am – 12 pm

Rapid Response Team — various locations

Volunteer alongside Conservancy Stewardship staff protecting important wildlife habitat. Help maintain trails, close unauthorized spur trail entrances, install signage and more. Ages 15+ please. Please sign up at: www.pvplc.volunteerhub.com

Adopt-a-Plot — various locations

Contribute to restoring native landscapes on your own schedule. The Conservancy needs help in several locations to combat invasive plants and care for young native plants. For more information and to sign up contact: Brittany Goldsmith at bgoldsmith@pvplc.org

(PVPLC) Volunteer Trainings

For more information and to RSVP for an upcoming training, please visit: www.pvplc.volunteerhub.com or contact Brittany Goldsmith at bgoldsmith@pvplc.org

January 20 and 27, 9 am – 1 pm Volunteer Trail Watch Training — Trail Watch Volunteers help to protect the preserve, its habitat and wildlife. Become a Trail Watch Volunteer and make a difference on the trails. No experience required with training provided. Ladera Linda Community Center.

February 3, 10 am – 12 pm Greeters Training — This training will prepare you to become a Conservancy volunteer for outreach booths at special events, popular trail heads and nature walks helping us connect with the public about the importance of protecting and restoring our natural areas and wildlife. Palos Verdes Peninsula Land Conservancy Office. No experience required with training provided.

February 10, 9 am – 12 pm Trail Crew Training — Join the Trail Crew to become part of the monthly field practices in trail assessment and repair techniques. This one-day training experience will give you an overview of the Certification Training Program. Palos Verdes Peninsula Land Conservancy Office. Snacks, refreshments and good company provided!

February 24, 8:30 am – 11:30 pm Cactus Wren Monitoring Training — Volunteer to monitor the rare Cactus Wren on the preserves. This is an annual program for volunteers to help locate breeding territories and areas of habitat use by this species of concern. No experience required and all training provided. Alta Vicente Reserve.

